

## **Ghantali Mitra Mandal, Thane** **9<sup>th</sup> International Yoga Day 2023 Celebrations**

*Approximately 8000 Yoga sadhaks have participated Collectively at Workshops conducted by GMM on the occasion of IYD2023 at Various Centres, Institutions and Companies*

### **Companies/Institutions/Housing Complex/Yoga Centres**

Sr. No.	Name of the Centre	Names of Teachers	No. of Participants
1.	Auralis, Thane	Milind Joshi	40
2.	Vasant Vihar Club House, Thane	Nitin Bidarkar Vasant Tambe	60
3.	Yoga Sadhana Kendra, Panchpakhadi, Service Road	Shyam Pendse	40
4.	Indian Dental Association, Thane	Dr. Ajit Oak Dr. Trupti Kasar	15
5.	Mahila Parivar Kendra, Pune	Madhavi Alawani Madhuri Phadke	20
6.	The Club House, Rodas Enclave, Thane(Senior Citizens Offline)	Alpana Saini	25
7.	TP Link, Andheri	Jyoti Kotian Sharmila Jawale Medha Naik	25
8.	Gadkari Rangaytan, Thane	Sunil Joshi Medha Naik	40
9.	Proton Synergy	Dr. Vimal Borgaonkar Nandini Chhatre	30
10.	CA/ICWA Institute, Shubhankaroti Hall, Thane	Sadashiv Pendse Vandana Bhojane Supriya Sathe	70
11.	Brahman Samaj, Ghatkopar	Bharatbhai Parekh	40
12.	Atre Katta, Thane	Vasant Kelkar	30
13.	Brahma Kumari Sadhana Kendra, Masunda Talav Centre, Thane	Vasant Kelkar	110
14.	The Walk, Hiranandani Estate, Thane	Shrikrishna Mhaskar	90
15.	Aai Aadhar Kendra, Bavdhan, Pune	Neelima Yevalekar Rutu Athalye	20
16.	Chandravadan Society	Sunanda Joshi	10
17.	Idemitsu Lube Pvt. Ltd, Rasayani, Panvel	Manasi Bhoite Shyamal Shivdavkar Supriya Patil	60
18.	BSNL Office, Juhu, Mumbai	Vaidehi Chilka Nandini Chhatre	300
19.	Louis Wadi Culture Club	Sonali Mehendale	40
20.	Adharwadi Jail, Kalyan	Jyoti Khopkar Minal Joshi Sheetal Kakar	50
21.	Airforce Station, Kanheri Hills, Yeoor, Thane	Anand Sahasrabuddhe Dr. Manali Vibhute	20
22.	Bureau of Indian Standards	Dr. Manali Vibhute	40

		Hemali Dayani Anandi Bhaskaran	
23.	O Source	Sanjay Ketkar, Meenakshi	183
24.	Kasarwadawali Police Station	Vinay, Vishal, Kanchan	17
25.	Teen Hath Naka Traffic Junction	Girish Pathak, Jeethi	17
26.	Tarrif Authority For Major Ports, Govt of India	Dr. Deepak Bagadia Bhavna Bagadia Mr. Chirag	55
27.	Kisan nagar, Thane	Dr. Pratibha Gokhale, Ram Sharma, Anju Mansing, Kavya Naik, Milind Joshi	800
28.	Manas hospital and day care center	Ntiin Bidarkar	22
29.	Sahyog Mandir Morning 6-7 AM Evening 4:45-5:45 PM 6-7 PM 7-8 PM	Yashwant Joshi Shubhangi Saigaonkar Vaidehi Chilka	170
30.	Vatsalya Trust, Kanjurmarg	Milind Joshi, Anju Mansing, Chhaya Kamerkar	20

### Schools/Colleges

Sr. No.	Name of the Centre	Names of Teachers	No. of Participants
1.	Karmaveer Bhaurao Patil College, Wagle Estate, Thane	Jyoti Kotian Sharmila Jawale Medha Naik	250
2.	Lodha World School, Thane	Dr. Aarti Arya Mr. Ranjan	200
3.	Anand Vishwa Gurukul, Thane	Dr. Pratibha Gokhale Ram Sharma Kavya Naik	100
4.	Mukul Madhav Vidyalay, Ratnagiri	Ruchi Mahajani and team	250
5.	Rajarshi Shahu Vidyalaya, Bhainder pada, Thane	Nandini Deshmukh Sarika Mehta	130
6.	Saraswati Secondary School, Thane	Trupti Ambukar and team	100
7.	Bhagwati Highschool, Thane	Leena Nakhva and team	120
8.	M.H. Highschool, Thane	Dr. Ajit Oak Vandana Bhojane Milind Joshi	200
9.	Bharatiya Sanskar School, Manpada, Thane	Girish Kulkarni	80
10.	Omega Class, Anand Nagar, Thane	Vishakha Kalyankar Rutuja Deshpande	30
11.	Kamalini School for Hearing Impaired children, Thane East	Darshana Mistry Prathamesh Mistry Manali Agashe	45
12.	Topiwala National Medical College	Neela Tamhane Varsha Pendse Amruta Shah	30

13.	Saraswati School, Anand Nagar, Thane - Total 4 batches throughout the day	Teachers - Vishal, Anuja , Anita, Suvarna, Geeta and Ranjan	450
14.	Amber International School - 2 batches	Vaishali Pathak, Parul, Alka, Meenakshi, Hemani, Ajay Tanna	1000
15.	Goenka International School, Thane	Shyama Mam, Anita, Varsha, Ajay Tanna	413
16.	Hiranandani Foundation School, Thane	Ravi Sir, Anandi, Sheetal, Geetanjali, Deepali, Pragati, Adweya, Ashwini	575
17.	Gyanganga College	Deepti Pathak Rakhi Shinde	155
18.	Podar School	Ramesh Bijani, Alka, Sontosh, Shilpee	198
19.	Kalwa Medical College	Vaishali, Vinay, Sharwari, Kanchan	170
20.	Sau. Laxmibai English Medium School & Jr. College, Mulund	Mrs. Sujata Bhide : Demo. By Anand Bhide	100
21.	Shah and Anchor engineering college, Chembur	Dr. Deepak Bagadia Bhavna Bagadia Mr. Chirag	80
22.	School for Special Children, Samta Nagar Thane	Shubhangi Saigaonkar Vijaya Gavale	20
23.	Bedekar Highschool, Thane	Surekha Chikte and team	230
24.	BMC SchoolNo.3 Barve Nagar Ghatkopar	Mahendra Patankar and team	150
25.	Vivekanand Education societys college of pharmacy, Chembur	Anand Sahasrabuddhe and team	40

### Online Workshops

Sr. No.	Name of the Centre	Names of Teachers	No. of Participants
1.	Mahatma Gandhi University, Kottayam Kerala	Anand Sahasrabuddhe	15
2.	Senior Citizens Online	Alpana Saini	80
3.	Morning 6-7 Repeater batch	Meenal Gupte Mrunal Kher	66
4.	Morning 6-7 New batch	Sunil Joshi Neelima Chaudhari	12
5.	Online batch 7.45 to 8.45am	Sanjay Ketkar Sir, Ajay Kale, Ritika	45
6.	Online batch 7-8 AM	Priya, Ritika, Nilesh	25

### Overseas Workshops (Online/Offline)

Sr. No.	Name of the Centre	Names of Teachers	No. of Participants
1.	US yoga sadhakas - Online	Sushama Saundattikar	15
2.	Australia , UK, US and India - Online	Dr. Ulka Natu Shrikrishna Mhaskar Nandini Gore	40
3.	Jemena (Australia) - Online	Vidya Kunte Neha Kunte Patodekar	20

4.	USA Yoga Sadhakas - East and West coast - Online	Neela Tamhane Shrikrishna Mhaskar Ruchira, Nivedita	15
5.	Fremont, California,US -Offline	Sushama Saundattikar	20
6.	Norway - Offline	Dr. Vikas Gokhale	20

- Mrs. Sujata Bhide : Live program on (Yoga & Manavta) on Akashvani Rainbow Channel 107.1 FM : 21st June

### Few Photographs of the Workshops



Auralis Complex





Vasant Vihar Club House



Karmaveer Bhaurao Patil College



Gyanganga College



Anand Vishwa Gurukul



Saraswati Secondary School

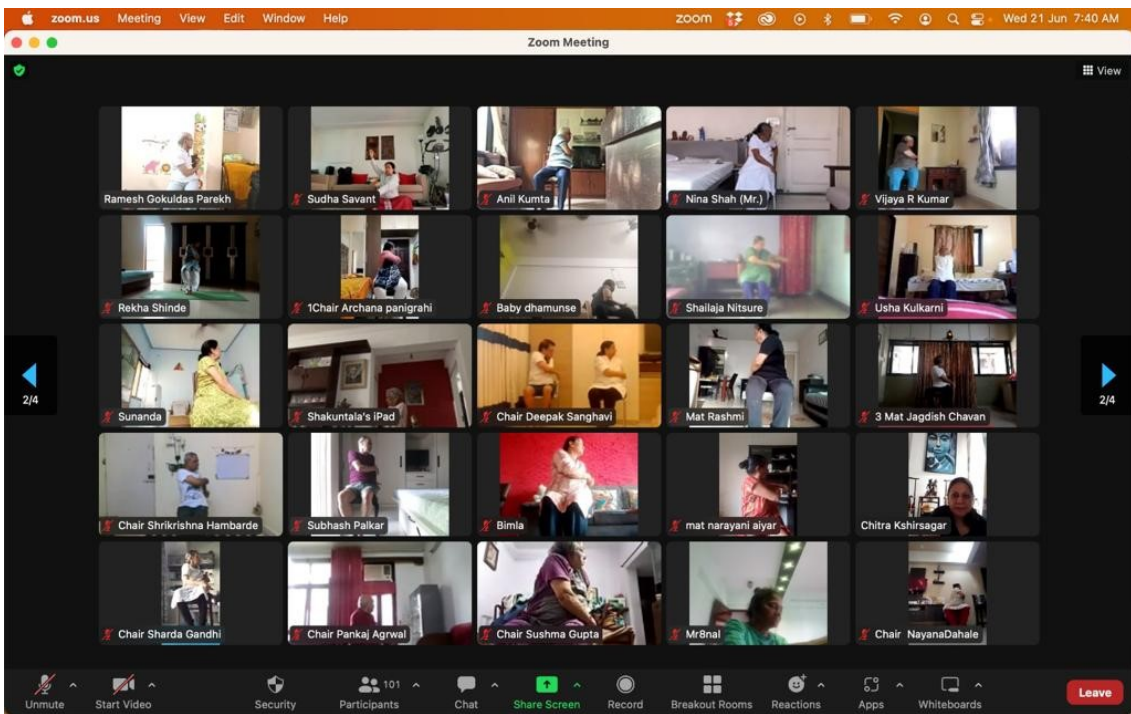


Kisan Nagar, Thane





Bureau of Indian Standards Powai



Senior Citizens Online Class